

# Dynamix Gymnastics 2021-2022

September 13th - June 18th

## Gymnastics Classes (Girls & Boys)

Class Type	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>You and Me</b> ages 16mon-up to 3yrs			6:15-7:00pm	9:45-10:30am		
<b>Pre Gym</b> age 3-5	2:00-3:00pm (ages 4-5) 4:30-5:30pm (ages 3-4) 4:30-5:30pm (ages 4-5) 5:30-6:30pm (ages 3-4) 5:30-6:30pm (ages 4-5) 6:30-7:30pm (ages 3-4) 6:30-7:30pm (ages 4-5)	9:30-10:30am (ages 3-4) 10:30-11:30am (ages 4-5) 1:00-2:00pm (ages 4-5) 4:15-5:15pm (ages 4-5) 5:15-6:15pm (ages 3-4) 5:15-6:15pm (ages 4-5) 6:15-7:15pm (ages 3-4) 6:15-7:15pm (ages 4-5)	11:45am-12:45pm (ages 3-4) 12:45-1:45pm (ages 4-5) 4:00-5:00pm (ages 3-4) 4:00-5:00pm (ages 4-5) 5:00-6:00pm (ages 3-4) 5:00-6:00pm (ages 4-5)	10:45-11:30am (age 3) 12:45-1:45pm (ages 4-5) 4:15-5:15pm (ages 3-4) 4:15-5:15pm (ages 4-5) 5:15-6:15pm (ages 3-4) 5:15-6:15pm (ages 4-5) 6:15-7:15pm (ages 3-4) 6:15-7:15pm (ages 4-5)		8:45-9:45am (ages 3-4) 8:45-9:45am (ages 4-5) 9:45-10:45am (ages 3-4) 9:45-10:45am (ages 4-5) 9:45-10:45am (ages 4-5) 10:45-11:45am (ages 3-4) 10:45-11:45am (ages 4-5) 11:45am-12:45pm (ages 4-5)
<b>Girls Division 1</b> ages 5+	4:15-5:15pm (ages 5-6) 4:45-5:45pm (ages 5-6) 5:15-6:15pm (ages 6-7) 5:45-6:45pm (ages 6-7) 6:00-7:00pm (ages 6-7) 6:15-7:15pm (ages 5-6) 6:30-7:30pm (ages 6-7)	4:15-5:15pm (ages 6-7) 5:00-6:00pm (ages 5-6) 6:00-7:00pm (ages 6-7) 7:00-8:00pm (ages 8+)	1:45-2:45pm (ages 5-6) 4:00-5:00pm (ages 5-6) 4:30-5:30pm (ages 8+) 4:45-5:45pm (ages 5-6) 5:00-6:00pm (ages 5-6) 6:00-7:00pm (ages 6-7) 6:00-7:00pm (ages 8+) 6:45-7:45pm (ages 6-7)	4:15-5:15pm (ages 5-6) 5:00-6:00pm (ages 5-6) 5:45-6:45pm (ages 8+) 6:00-7:00pm (ages 5-6) 6:15-7:15pm (ages 6-7) 7:00-8:00pm (ages 6-7)	4:30-5:30pm (ages 5-6) 5:30-6:30pm (ages 6-7)	9:00-10:00am (ages 5-6) 10:00-11:00am (ages 6-7) 10:30-11:30am (ages 5-6) 10:45-11:45am (ages 8+) 11:30am-12:30pm (ages 6-7)
<b>Girls Division 2</b> age 6+	4:30-5:30pm (ages 6-7) 5:30-6:30pm (ages 8+) 6:15-7:15pm (ages 6-7) 6:45-7:45pm (ages 6-7) 7:15-8:15pm (ages 8+)	4:00-5:00pm (ages 6-7) 4:45-5:45pm (ages 8+) 5:00-6:00pm (ages 6-7) 6:00-7:00pm (ages 8+) 7:00-8:00pm (ages 6-7) 7:15-8:15pm (ages 8+)	4:15-5:15pm (ages 6-7) 5:45-6:45pm (ages 6-7) 5:45-6:45pm (ages 8+) 6:45-7:45pm (ages 6-7) 7:00-8:00pm (ages 8+)	4:00-5:00pm (ages 8+) 5:15-6:15pm (ages 6-7) 7:00-8:00pm (ages 10+) 7:15-8:15pm (ages 6-7) 7:15-8:15pm (ages 8+)		9:00-10:00am (ages 6-7) 11:00am-12:00pm (ages 6-7) 11:45am-12:45pm (ages 8+)
<b>Tumbling Classes (Co-ed)</b>						
<b>Tumbling Classes</b>	7:00-8:00pm Int (ages 5-6) 7:00-8:00pm Int (ages 7+)	4:30-5:30pm Beg (ages 5-8) 7:15-8:15pm Adv (ages 7+)				
<b>Gym Ninja Classes (Boys &amp; Girls)</b>						
<b>Boys</b> ages 5+	1:00-2:00pm (ages 4.5-6) (Coed) 5:00-6:00pm (ages 7+) 6:00-7:00pm (ages 5-6)	5:45-6:45pm (ages 7+)	4:30-5:30pm (ages 5-6) 5:30-6:30pm (ages 5-6) 6:30-7:30pm (ages 7+)	5:00-6:00pm (ages 5-6) 6:00-7:00pm (ages 7+) 7:00-8:15pm Advanced (ages 7+)		
<b>Girls</b> ages 6+	1:00-2:00pm (ages 4.5-6) (Coed)	4:45-5:45pm (ages 7+)				
<b>Invitational Gymnastics Classes (Girls)</b> <i>Must be recommended by instructor</i>						
<b>Girls Division 3</b> ages 6+	4:45-5:45pm (ages 8+) 5:15-6:15pm (ages 6+) 5:45-6:45pm (ages 8+) 6:15-7:15pm (ages 6+) 7:15-8:15pm (ages 6+)	4:30-5:30pm (ages 8+) 5:15-6:15pm (ages 6+) 5:45-6:45pm (ages 6+) 6:00-7:00pm (ages 8+) 7:00-8:00pm (ages 10+)	4:30-5:30pm (ages 6+) 5:15-6:15pm (ages 8+) 6:00-7:00pm (ages 6+) 7:00-8:00pm (ages 8+)	5:00-6:00pm (ages 6+) 6:00-7:00pm (ages 6+) 6:45-7:45pm (ages 6+) 7:00-8:00pm (ages 8+)		10:00-11:00am (ages 6+)
<b>Div 4 Prep</b> ages 6+	4:30-6:00pm 6:00-7:30pm	4:30-6:00pm 6:45-8:15pm	5:30-7:00pm 6:15-7:45pm	6:30-8:00pm	5:00-6:30pm	
<b>Girls Division 4 &amp; 5</b> ages 6+	4:15-6:15pm (Div 4) 6:00-8:00pm (Div 4)	6:15-8:15pm (Div 4)	4:45-6:45pm (Div 5) 5:00-7:00pm (Div 4)	5:45-7:45pm (Div 4)	4:30-6:30pm (Div 4)	
<b>Supertots</b> ages 3-5	4:45-6:00pm					
<b>Hotshots</b> ages 5-8		5:30-7:15pm				
<b>Pre-Team</b>	4:15-6:00pm		4:15-6:00pm			