

# Summer 2020

## Dynamix Gymnastics Details & Fees

**Summer Session: July 6-August 29**

**Summer Classes – UNLIMITED MAKE UPS!**

*See attendance policy for details.*

### Registration:

*All gymnasts must re-register for Summer Session.*

Member Registration: June 24

Non-Members Registration: June 29

### Membership Fee: (annually)

*ALL STUDENTS MUST BE MEMBERS IN ORDER TO ENROLL IN A CLASS.*

One child: \$25/year

Family Rate (two or more): \$45/year

### Summer Tuition for Classes:

*Enroll online, see registration details. Firsts month's tuition is due at time of registration.*

Monthly tuition for July will be charged at time of registration, August tuition will be charged on August 1<sup>st</sup>.

| Class duration    | 1 class per week | 2 classes per week |
|-------------------|------------------|--------------------|
| 45 min-1 hr class | \$80.00/month    | \$152.00/month     |
| 1.25 hr class     | \$108.00/month   | \$205.20/month     |
| 1.5 hr class      | \$118.00/month   | \$224.20/month     |
| 1.75 hr class     | \$128.00/month   | \$243.20/month     |
| 2 hr class        | \$152.00/month   | \$288.80/month     |

*Multiple-child/classes discount is 10% off additional classes of equal or lesser value.*

### Summer Make Up / Attendance Policy:

Unlimited make up classes available for summer session only and must be made up before the session ends. Make ups must be scheduled with the front desk and will be placed in an available class. We DO NOT CREDIT/REFUND for missed classes.

### Payment Policies:

Monthly tuition for July will be charged at time of registration, August tuition will be charged on August 1<sup>st</sup>.

A credit/debit card on file is required to process tuition.

**Late Policy:** If a charge is declined or cannot be processed, a late fee of \$15 will be added to your account. Late fees will be strictly enforced. Return check fee is \$25.

### Class Descriptions:

**YOU & ME** Ages: 16 mon- up to 3 yrs **10:1 Ratio**

Children will explore gymnastics equipment in a safe environment, under the supervision of a gymnastics instructor. Participation is encouraged and guided by a parent. This class is a wonderful opportunity for parents and children to spend time together, while learning new gross motor skills and also offering a place for the children to socialize. These children will begin to learn their basic gymnastics positions through music, games, and use of manipulatives. Only the registered child may participate with parent, no siblings including infants. (Parent participation required)

**PRE-GYM 3-5** Ages: 3, 4, \*5 yrs **5:1 to 7:1 Ratio** (depending on age)

In this class we encourage parents to allow the relationship between the instructor and the child to develop. Parents are more than welcome to observe through the lobby. We will open your child's eyes to hundreds of new ways to move, swing, roll, bend, and balance their bodies. These gymnasts will become comfortable with gymnastic positions, skills and apparatus while having FUN! Students must have reached their 3rd birthday and be completely potty-trained in order to register. \*Students who are 5 may be recommended for a Divisional Class by invitation of instructor only.

**DIVISION 1** Ages 6-7 & 8+ **8:1 Ratio**

A Division 1 class is designed for children 6 years and older who are new to the sport of gymnastics. This program will teach basic gymnastics skills on Balance Beam, Floor Exercise, Uneven Bars, Vault and Trampoline/Tumble Track. Gymnasts will become comfortable with beginner gymnastics positions and skills. \*Students who are 5 may be sent to a Divisional Class only if recommended by an instructor.

**DIVISION 2** Ages 6-7 & 8+ **8:1 Ratio**

A Division 2 class is designed for children who have taken gymnastics for at least one year. These children are comfortable with their basic positions and skills, and have a basic understanding of each piece of equipment. In this class, gymnasts will continue to train their basic skills and begin to add more difficult requirements to their mastered skills. Examples of necessary skills are a backward roll, handstand, and cartwheel.

**DIVISION 3 (Invitation Only)** Ages 6+ **8:1 Ratio**

This class is designed for students who show great improvement in strength and flexibility, enabling them to master their basic skills. These gymnasts will begin to increase their strength and flexibility in order to introduce drills for more advanced skills. It will take 1 or more years to complete the requirements of Division 3. Examples of necessary skills are a round-off, handstand, pull-over on Bars.

**DIVISION 4 PREP (Invitation Only)** Ages 6+ **8:1 Ratio**

This class is designed for students who have mastered their basic skills through strength, flexibility, form, and technique. These gymnasts will learn intermediate skills on all Olympic events. In this class gymnasts will prep for moving up to Division 4. Examples of necessary skills are bridge kick-over on floor and a handstand on beam.

**DIVISION 4 (Invitation Only)** Ages 6+ **8:1 Ratio**

Gymnasts will work on intermediate through advanced skills. Must be evaluated or recommended by an instructor to enroll in this class. It will take most gymnasts 1 or more years to complete the requirements. Some examples of necessary skills are back-hip circle on bars and mastered a bridge kick-over on floor.

**DIVISION 5 (Invitation Only)** Ages 6+ **8:1 Ratio**

Must have completed at least 1 year of Division 4. Must be recommended by an instructor to enroll in this class. Examples of necessary skills are back handspring.

**GYM NINJA** Ages 6+ **8:1 Ratio**

Gym Ninja is a class designed to build, strength, coordination and agility through gymnastics tumbling as well as obstacles courses. This class will concentrate on basic floor tumbling, with tumble track and trampoline added to enhance tumbling skills. These skills will then be incorporated into "Ninja" obstacle courses, which will change each week. **Advanced Gym Ninja** (Invitation only). This class will take Gym Ninja to the next level with advance tumbling, trampoline and obstacle courses.

**TUMBLING** Ages: 6+ **10:1 Ratio**

The 1 hour tumbling program is designed for the more serious gymnasts or cheerleaders interested in improving their tumbling skills on the floor and trampoline. Students will work on basic floor skills to continue strengthening their bodies, as well as the essential tumbling skills for cheerleaders such as back handsprings and round-offs.

**SUPERTOTS** Ages 3-5 **6:1 Ratio**

**HOTSHOTS** Ages 5-8 **8:1 Ratio**

The above classes are invitational and must be recommended by an instructor.



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### NEW GYMNAST EVALUATIONS:

If you are new to our gym, we recommend a private evaluation so you can sign up for the proper class.

To set up a evaluation, email us at [info@dynamixgymnastics.com](mailto:info@dynamixgymnastics.com).